SPAR NC - Gålåsprinten Fredag

Gålå (NOR) 2026-11-27

Sør-Fron Idrettslag Start Time 11:10:30

Kvinner senior 10 km Individual Start Classic

Unofficial Results

Number of Competitors: 90 Number of Nations: 4

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
1	11	**Victoria Carl** SCM Zella-Mehlis	**GER** 1995	**24:35.0**	0.0	
2	80	**Anna Heggen** Harestua Idrettslag / Team Scandic Inn	**NOR** 2002	**25:49.9**	1:14.9	
3	93	**Mari Landro Svingheim** Konnerud Idrettslag / Team Hofseth	**NOR** 2001	**26:23.8**	1:48.8	
4	91	**Hedda Bakkemo** Gjøvik Skiklubb / Team Scandic Inn	**NOR** 2001	**26:29.6**	1:54.6	
5	75	**Elena Rise Johnsen** Asker Skiklubb / Team Hofseth	**NOR** 2000	**26:38.9**	2:03.9	
6	95	**Nora Christine Hansen** Asker Skiklubb / Team Scandic OSL	**NOR** 2005	**26:41.5**	2:06.5	
7	49	**Astri Reithe Lunde** Røyken UIL	**NOR** 2004	**26:42.1**	2:07.1	
8	81	**Tone Lise Pedersen** Tromsø Skiklubb Langrenn / Team Scandic NN	**NOR** 2003	**26:47.5**	2:12.5	
9	73	**Julie Sand-Hanssen** Eiker Skiklubb / Team Scandic Inn	**NOR** 2006	**26:48.4**	2:13.4	
10	94	**Emma Kirkeberg Mørk** Drammens Ballklubb / Team Konnerud	**NOR** 2002	**26:50.3**	2:15.3	
11	96	**Mali Eidnes Bakken** Rindal Idrettslag / Team Aker Dæhlie	**NOR** 2003	**26:56.5**	2:21.5	
12	46	**Ragnhild Aarekol** Vindafjord Idrettslag	**NOR** 2001	**26:56.6**	2:21.6	
13	99	**Mille Marie Storlien** Lillehammer Skiklub / Team Scandic Inn	**NOR** 2004	**27:02.2**	2:27.2	
14	79	**Lea Stabæk Wenaas** Røa Allianseidrettslag / Team Scandic OSL	**NOR** 2001	**27:04.8**	2:29.8	
15	97	**Julie Hammer** Eidsvold Værks Skiklub / Team Hofseth	**NOR** 2004	**27:05.3**	2:30.3	
16	45	**Norah Sand-Hanssen** Eiker Skiklubb / Team Scandic Inn	**NOR** 2006	**27:06.5**	2:31.5	
17	85	**Marie Risvoll Amundsen** Fauske IL Langrenn / Team Scandic NN	**NOR** 2003	**27:07.4**	2:32.4	
18	86	**Tale Bruheim Breding** Leksdal Idrettslag / Team Scandic MN	**NOR** 2001	**27:08.5**	2:33.5	
19	65	**Ingeborg Andberg Stenersen** Kvaløysletta Skilag	**NOR** 2003	**27:14.0**	2:39.0	
20	89	**Nora Sødal Raastad** Lyn Ski / Team Scandic OSL	**NOR** 2003	**27:14.1**	2:39.1	
21	67	**Tora Rønneberg Weng** Eidsberg Idrettslag	**NOR** 2005	**27:17.2**	2:42.2	

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Rank	Bib	Name Club	NSA	Finish	Behind	FIS
22	26	**Johanne Hauge Harviken** Strandbygda Idrettslag / Team Scandic Inn	NOR 1997	**27:19.7**	2:44.7	
23	82	**Maren Wangensteen** Øystre Slidre Idrettslag	NOR 1991	**27:22.8**	2:47.8	
24	55	**Anna Jensen** Heming Idrettslaget	NOR 2007	**27:25.6**	2:50.6	
25	70	**Kristine Hjellbakk Hole** Sunnylven Idrottslag / Team bank.no	NOR 2002	**27:26.6**	2:51.6	
26	51	**Amalie Ous Mollatt** Nes Ski	NOR 1996	**27:26.7**	2:51.7	
27	88	**Tuva Anine Porsholt Brusveen-Jensen** Lyn Ski / Team Scandic OSL	NOR 2003	**27:31.7**	2:56.7	
28	83	**Ingrid Wollan Benum** Byåsen Idrettslag	NOR 2007	**27:39.9**	3:04.9	
29	68	**Julie Jeistad** Lismarka Idrettslag / Team Kraftriket Hedmark-Sjusjøen	NOR 2003	**27:40.5**	3:05.5	
30	18	**Andrine Rønning** IL Aasguten / Team Midt-Norge	NOR 2005	**27:41.5**	3:06.5	
31	74	**Eline Skaar** Nittedal Idrettslag / Team Nittedal	NOR 2007	**27:44.2**	3:09.2	
32	64	**Ingvild Julie Schrøder Brennhovd** Lyn Ski / Team Romerike Ski	NOR 2003	**27:44.7**	3:09.7	
33	61	**Thea Sørum** Hamar Skiklubb / Team Kraftriket Hedmark-Sjusjøen	NOR 2000	**27:45.7**	3:10.7	
34	98	**Margrethe Bergane** Konnerud Idrettslag / Team Konnerud	NOR 2001	**27:47.2**	3:12.2	
35	54	**Veronika Vikhamar Schuler** Heming Idrettslaget	NOR 2006	**27:48.5**	3:13.5	
36	57	**Ida Ramstad** Moelven Idrettslag / Team Kraftriket Hedmark-Sjusjøen	NOR 2001	**27:52.7**	3:17.7	
37	59	**Hedda Stenumgard** Ringebu Fåvang Skiklubb / Team Olympiaparken	NOR 2006	**27:54.9**	3:19.9	
38	50	**Marianne Haug** Bjerke Idrettslag Ski / Team Romerike Ski	NOR 2003	**27:55.7**	3:20.7	
39	69	**Ingeborg Marvik Dahl Rystad** Rustad Idrettslag	NOR 2007	**27:56.7**	3:21.7	
40	39	**Benedikte Langaune Vaeng** Medkila Skilag	NOR 2006	**27:59.5**	3:24.5	
41	77	**Mina Sofie Kjærås Moland** Stokke Idrettslag / Team Olympiaparken	NOR 2004	**28:00.5**	3:25.5	
42	52	**Lone Lorgen Øvrebust** Stordal Idrottslag / Team Midt-Norge	NOR 2003	**28:02.0**	3:27.0	

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43	62	**Oda Skari** Nittedal Idrettslag / Team Nittedal	**NOR** 2007	**28:02.3**	3:27.3	
44	24	**Tirill Marie Møller Gundersen** Lyn Ski / Team Kraftriket Hedmark-Sjusjøen	**NOR** 2003	**28:03.8**	3:28.8	
45	19	**Synne Ophaug Røthe** Voss Idrottslag / Team Olympiaparken	**NOR** 2005	**28:04.6**	3:29.6	
46	63	**Emma Bangstad Bergersen** Hamar Skiklubb / Team Kraftriket Hedmark-Sjusjøen	**NOR** 2003	**28:05.7**	3:30.7	
47	72	**Kine Evensen Rye-Holmboe** Lillehammer Skiklub	**NOR** 2003	**28:07.8**	3:32.8	
48	20	**Julie Fulford** Konnerud Idrettslag / Team Konnerud	**NOR** 2006	**28:12.1**	3:37.1	
49	32	**Ada Marie Stenseth** Lyn Ski	**NOR** 2007	**28:12.3**	3:37.3	
50	34	**Ingeborg Rosager** Granli IL	**NOR** 2006	**28:18.4**	3:43.4	
51	56	**Yuka Yamazaki** Waseda Univ.	**JPN** 2004	**28:21.8**	3:46.8	
52	22	**Mia Matheson Fergestad** Koll, Idrettslaget	**NOR** 2007	**28:23.0**	3:48.0	
53	14	**Hedda Njå Bjørkmann** Heming Idrettslaget	**NOR** 2007	**28:23.9**	3:48.9	
54	33	**Aurora Gaarder Strand** Strandbygda Idrettslag / Team Kraftriket Hedmark-Sjusjøen	**NOR** 2004	**28:24.2**	3:49.2	
55	48	**Maren Sofie Fremstad** Runar Allianseidrettslag	**NOR** 2006	**28:24.3**	3:49.3	
56	16	**Siri Lindbergsengen Nesheim** Bærums Skiklub / Team Romerike Ski	**NOR** 2004	**28:34.9**	3:59.9	
57	27	**Matilde Strøm** Tverlandet Idrettslag / Team Salten Langrenn	**NOR** 2005	**28:40.9**	4:05.9	
58	21	**Carina Sveen** Strandbygda Idrettslag / Team Kraftriket Hedmark-Sjusjøen	**NOR** 2001	**28:42.4**	4:07.4	
59	41	**Erle Sagerup-Nordkild** Kvaløysletta Skilag	**NOR** 2006	**28:49.0**	4:14.0	
60	47	**Kaho Nakajima** JSDF Physical Training School	**JPN** 2003	**28:50.2**	4:15.2	
61	66	**Astrid Elida Vaeng Bernhardsen** Tromsø Skiklubb Langrenn / Team Scandic NN	**NOR** 2006	**28:52.9**	4:17.9	
62	29	**Astrid Horgen** Skarphedin IL / Team Kraftriket Hedmark-Sjusjøen	**NOR** 2005	**28:56.9**	4:21.9	
63	12	**Tiril Næss Iversen** Mjøndalen Idrettsforening	**NOR** 2005	**29:00.7**	4:25.7	

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64	42	**Kaja Kvalvåg Hetlelid** Hjelmeland Idrettslag / HSG	**NOR** 2005	**29:06.1**	4:31.1	
65	25	**Marthe Olsen Katnosa** Jevnaker Idrettsforening Ski	**NOR** 2006	**29:20.9**	4:45.9	
66	58	**Mia Mossige** IL Varden Meråker	**NOR** 2004	**29:23.4**	4:48.4	
67	76	**Takane Tochitani** Nihon Univ.	**JPN** 2003	**29:28.2**	4:53.2	
68	60	**Sayaka Yamaishi** JPN	**JPN** 1998	**29:30.1**	4:55.1	
69	35	**Linne Ausland** Oddersjaa Ssk / Team Romerike Ski	**NOR** 2004	**29:46.5**	5:11.5	
70	17	**Embla Aksnes** Hommelvik Idrettslag	**NOR** 2005	**29:50.4**	5:15.4	
71	53	**Tomoko Yamada** Akita Hokuyou High School	**JPN** 2003	**30:17.5**	5:42.5	
72	28	**Sofie Margrethe Robstad** Moelven Idrettslag / Team Kraftriket Hedmark-Sjusjøen	**NOR** 2006	**30:23.4**	5:48.4	
73	37	**Sara Hovde** MjøsSki	**NOR** 2005	**30:23.8**	5:48.8	
74	23	**Emma Kristine Skjerstad** Nittedal Idrettslag	**NOR** 1990	**30:27.6**	5:52.6	
75	44	**Ingrid Bentsen** IL Vinger / Team Olympiaparken	**NOR** 2005	**30:29.0**	5:54.0	
76	40	**Oda Elise Berg** Leksvik Idrettslag	**NOR** 2005	**30:33.7**	5:58.7	
77	13	**Amalie Frigstad** Oddersjaa Ssk	**NOR** 2003	**31:11.5**	6:36.5	
78	36	**Jenny Farbu** Inderøy Idrettslag / Team Midt-Norge	**NOR** 2006	**31:13.7**	6:38.7	
79	15	**Nahiara Diaz Gonzalez** CNE	**ARG** 2004	**31:15.8**	6:40.8	
80	30	**Martine Hoel Kleven** Hamar Skiklubb / Team Olympiaparken	**NOR** 2006	**31:28.4**	6:53.4	
81	43	**Agustina Groetzner** Cab	**ARG** 2003	**31:52.3**	7:17.3	
82	38	**Marie Linnea Ruud Gulbrandsen** Nes Ski / Team Kraftriket Hedmark-Sjusjøen	**NOR** 2006	**32:42.7**	8:07.7	
	31	**Synne Børresen Bollingmo** Raufoss IL Langrenn	**NOR** 2004	**DNF**		
	100	**Nora Elisabeth Falster** Heming Idrettslaget / Team Scandic OSL	**NOR** 2003	**DNF**		

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Rank	Bib	Name Club	NSA	Finish	Behind	FIS
	71	**Tine Alfstad Olsen** Viking Turn og Idrettsforening / Team Olympiaparken	**NOR** 2005	**DNS**		
	78	**Oline Vestad** Vågå Idrettslag	**NOR** 2004	**DNS**		
	84	**Marte Mikkelsplass** Bromma Idrettslag / Team Aker Dæhlie	**NOR** 2002	**DNS**		
	87	**Tiril Liverud Knudsen** Konnerud Idrettslag / Team Konnerud	**NOR** 1998	**DNS**		
	90	**Marthe Johanne Hjelmeset** Gjelleråsen Idrettsforening / Team Hofseth	**NOR** 2004	**DNS**		
	92	**Guro Bostad** Strindheim Idrettslag / Team Scandic MN	**NOR** 1996	**DNS**		

Jury

CHIEF OF COMPETITION	Audun Skattebo (NOR)
TECHNICAL DELEGATE	Rune André Tøllefsen (NOR)
ASSISTANT TECHNICAL DELEGATE	Jan Olav Andersen (NOR)
NATIONAL ASSISTANT TD	Kathrine Harsem (NOR)

Course

Name	Gålå
HEIGHT DIFFERENCE (HD)	54 m
MAXIMUM CLIMB (MC)	32 m
TOTAL CLIMB (TC)	98 m
LENGTH OF LAP	3.3 km
NUMBER OF LAPS	3

TEMPERATURES				COMPETITORS / NSA							
WEATHER	SNOW CONDITION	AIR	SNOW	ENTRIES	RANKED	LAP	DNF	DSQ	DNS	NPS	DQB
				90 / 4	82 / 4	0/0	2/1	0/0	6/1	0/0	0/0

Legend

DNF	Did Not Finish	**DNS**	Did Not Start		
DQB	Disqualification for unsportsmanlike behaviour	**DSQ**	Disqualified	**LAP**	Lapped
NSA	NSA Code	**PF**	Photo Finish	**PTS**	Points
Ski Ex.	Ski Exchange				

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